



Activities And Groups To Put Your Toddler In

- **Music group**
- **Toddler gymnastics**
- **Football**
- **Dance classes**
- **Phonics classes**
- **Arts and crafts classes e.g. painting, making cards and using different textures.**
- **Sensory groups**
- **Language classes to help them with learning another language.**



Activities To Keep Your Toddler Busy Indoors

- **Colouring together**
- **Create or download a [printable busy book](#) for your toddler to play with.**
- **Have a soak in the tub and play with bath toys, a bubble machine or bath paints.**
- **Together, you and your toddler can make a plan of your day using [toddler routine cards](#).**
- **Have a bath with the lights off and use some colourful glow sticks in the tub (otherwise known as a “glow stick bath”).**
- **Listen to music and dance**
- **Make a [handprint mold ornament](#)**
- **Dress up and act out a story book**
- **Create an [upcycling craft](#)**
- **Try some DIY Crafts like creating figurines such as flowers, insects or animals found in the garden.**
- **Draw**
- **Paint**
- **Make [Christmas salt dough ornaments](#)**
- **[Create things with playdough using a playdough mat](#) or [make homemade playdough](#).**
- **Read books together.**
- **Go to a local indoor soft play area.**
- **Decorate a [personalised crown](#).**



Activities To Keep Your Toddler Busy Indoors continued

- **Create or buy a busy board full of hands on activities for your toddler.**
- **Bake a cake and your toddler can help you to decorate it by adding icing and sprinkles.**
- **Build blocks with toilet roll cardboard or empty yoghurt pots. Once you have built a block you can then knock it down for fun.**
- **Build a den to play in.**
- **Play with toy food. Pretend to cook, eat and then wash the dishes.**
- **Plant and grow cress together.**
- **Create music with instruments.**
- **Dress up dollies.**
- **Wear dress up costumes.**
- **Playing with toy cars.**
- **Finger painting.**
- **Make some kinetic sand to play with.**
- **Play an animal matching card game.**
- **If you have any empty plastic bottles lying around then you could use them as bowling pins and knock them down with a ball.**
- **If you want to get out of the house but it's raining then you can visit a museum. It will be very educational for the both of you.**
- **Make and eat some spooky Halloween jelly.**



Activities To Do With Your Toddler In The Garden

- Play a garden **scavenger hunt game**.
- Play with a water table or create your own with buckets, spades and other toys.
- Blow bubbles in the garden or use a bubble machine and you and your toddler can pop them.
- If you're lucky enough to have a sandpit in your back garden then why not build sandcastles. Or you can dig the sand and bury toys in for your toddler to find.
- Inflate a toddler paddling pool and your toddler can take a dip in it.
- Try some **Summer outdoor activities**
- Draw with chalk in your garden. You can try creating flowers, clouds, the sun or even a hopscotch grid to play with.
- Aim and shoot with water guns.
- Play hide and seek with toys. You can create foam with whisked bubble bath then hide objects in for your toddler to find.
- Colour match washing pegs.
- Create a back garden obstacle course with toys to jump over and crawl through.



Fun Outdoor Activities For Toddlers

- Go on a **nature walk scavenger hunt**.
- Visit a local farm to see and maybe even feed the animals.
- Sledding in the snow.
- Making snow angels in fresh snow.
- Visit a zoo.
- Go to a lake and see the ducks.
- Go to a local sandpit and build sandcastles.
- Take a trip to the beach and have a hunt for sea shells.
- Have a picnic in a local park.
- Get lost in a maze. Find one to visit in your local area.
- Go fruit picking.
- Take a steam train ride.
- Pick daisies and make a daisy chain.
- Go camping (or glamping).
- See beautiful flowers and plants at a botanic garden.
- Visit a toddler theme park.
- Visit an aquarium.
- Try bird watching. Listen to the sounds of the birds, look at the colours and their size and try to figure out what type of bird it is. While you're at it, why not get some beautiful photos of the birds.
- Go for a walk and pick leaves which you can then use for a collage.
- Visit a castle.



Fun Outdoor Activities For Toddlers Continued

- **Visit a country park and admire the scenery.**
- **Fly a kite.**
- **Kick and throw balls to each other at a park.**
- **Go to a local playground and your toddler can go on the rides.**
- **Take a walk.**
- **Take up swimming classes or visit a water park.**